



## SECRET GARDEN Ultrasound Diffuser

*Important note: Only 100% pure chemotype essential oils are to be used for optimal therapeutic benefits.*

### What are ultrasonic diffusers?

Ultrasonic essential oil diffusers use water as vehicle to disperse essential oil molecules into the air in the form of a fine mist. Ultrasonic vibrations (frequencies) are applied by means of a small disk underneath the surface of the water in the diffuser reservoir, to break up essential oils into micro particles. Due to this cold ultrasonic diffusion, droplets are torn off the surface of the liquids, so that the water together with the essential oil added to it, is "atomized" into droplets so fine that they evaporate in fog. Cold ultrasonic diffusion also keeps the molecular structures intact and protected from deterioration.

One of the benefits of ultrasonic diffusers is that they use small amounts of essential oils. This method of diffusion can also act as both a diffuser and as a humidifier... which comes in handy when one lives in a drier climate. There is little or no noise associated with ultrasonic diffusers and this makes them excellent for night time use. The mist generated by ultrasonic diffusers, however, has a slightly lesser fraction of essential oil, than its nebulizing partner has. This type of diffusers is excellent for bedrooms, and in particular baby rooms, when night time diffusing is required.

With any essential oil diffuser the essential oils are absorbed into the bloodstream via the olfactory bulb in the nose, having their molecules reaching every cell in the body within minutes.

### Why did we choose SECRET GARDEN diffusers in our home?

We chose the SECRET GARDEN ultrasonic diffusers in our home, because of their romantic flair and their black floral iron design. They are virtually totally quiet and are able to give up to ten hours of non-stop diffusion. Even 20 hours when the intermittent-diffusing mist option is applied. The multiple light settings feature makes it an attractive purchase. They are excellent to use in bedrooms during the night... simply because the light can be switched off while dispersing healing molecules for sound- and relaxed sleep. Melatonin can only be synthesized by the pineal gland during darkness. This hormone is of paramount importance to keep our sleep pattern in balance and healthy.

### Features of the SECRET GARDEN diffuser:

This SECRET GARDEN diffuser allows fragrance to permeate rooms of up to 40m<sup>2</sup> in size. Seven to ten drops of essential oils per diffusion session are usually enough. The 500ml water reservoir of this diffuser is made of hard plastic. You are able to choose the time of continuous diffusion: either 1 hour, 3 hours, 6 hours, or until empty (approximately 10 hours). The multiple light settings provide you with the option of a revolving colour spectrum, colour of your choice, warm white light, candle light... or no light. Press the MIST button to change from continuous mist to 15 second intermittent mist. This mode diffuses for approximately 20 hours with a full tank (i.e. filled to the maximum mark line).

Rest assured, regardless of your choice of diffuser, the fragrances of your God's Garden Gifts essential oils have the potential to uplift, invigorate and to generate an overall feeling of well-being. ENJOY!